

# THE WELL

Here at THE WELL, we believe in quality and freshness. To that end, we promise that the beans in your cup of coffee were roasted not more than 14 days ago and ground within minutes of being served. We source beans directly traded from farmers around the globe that are then artisan hand-roasted in an old world style.

But it doesn't end there. Our juices, smoothies and food selections are also filled with the freshest choice ingredients. We strive to use only non-gmo contents that are organic and local when possible. We take care to bring you whole foods that are void of highly processed and artificial ingredients. You can feel safe drinking the pure water here.

Welcome to THE WELL. This is your gathering place. Come eat, drink, play and live with us.

## Hand-Crafted Coffees

COFFEE	1.8   2
ESPRESSO	1.5
AMERICANO	2
TRADITIONAL CAPPUCINO	2.5
LATTÉ	3
DARK MOCHA	3.5
SALTED HONEY CARAMEL LATTÉ	3.5
GINGERBREAD LATTÉ	3.5
PEPPERMINT HOT WHITE COCOA	3.75
BREVÉ	3.5

*Served with the milks of Snowville Creamery or housemade almond milk*

ROASTED COFFEE BEANS	12   #
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## Organic Teas

LOOSE LEAF TEA	2
ICED TEA <b>BLACK • GREEN • HIBISCUS</b>	2
CHAI LATTÉ	3.5

## Etc.

BREW DR. KOMBUCHA	4.25
VIRGIL'S ROOT BEER	2
REED'S GINGER BREW	2

## Fruit & Vegetable Smoothies

GREEN TONIC	5
<b>KALE • ROMAINE • APPLE • CUCUMBER • SPINACH POWDER • GARLIC • LIME • CILANTRO • CAYENNE</b>	
SWEET GREEN	5
<b>KALE • FIGS • PINEAPPLE • MINT • HOUSEMADE ALMOND MILK</b>	
BEEFBERRIES-N-CREAM	5
<b>BEET • STRAWBERRIES • CARROT • CASHEWS • DATES • HOUSEMADE ALMOND MILK</b>	
THE KING	5
<b>BANANA • PEANUT BUTTER • GLUTEN FREE OATS • HOUSEMADE ALMOND MILK • HONEY • CINNAMON • SEA SALT</b>	
STRAWBERRY BANANA	5
<b>STRAWBERRIES • BANANA • CASHEWS • DATES • ALMOND MILK</b>	
CHOCOLATE COVERED ESPRESSO	5
<b>ESPRESSO • COCOA POWDER • BANANA • DATES • HOUSEMADE CASHEW CREAM • CACAO NIBS</b>	
FROTHY CHAI	5
<b>BANANA • DATES • HONEY • CHAI SPICES • CINNAMON • HOUSEMADE CASHEW CREAM • HOUSEMADE VANILLA</b>	
PEANUT BUTTER & JELLY	5
<b>PEANUT BUTTER • STRAWBERRIES • BANANA • HONEY • GLUTEN-FREE OATS • HOUSEMADE ALMOND MILK</b>	
SPICE OF THE EARTH	6
<b>TUMERIC • BAOBAB • CARDAMOM • PINEAPPLE • CHIA • OKRA • LEMON • COLLAGEN • STEVIA • HOUSEMADE ALMOND MILK</b>	
MEXICAN CHOCOLATE	6
<b>CACAO • CAYENNE • CINNAMON • CHIA • OKRA • COLLAGEN • STEVIA • SEA SALT • HOUSEMADE ALMOND MILK</b>	
STRAWBERRY FLUFF	6
<b>STRAWBERRIES • LEMON • VANILLA • WHEY • STEVIA • SEA SALT • HOUSEMADE ALMOND MILK</b>	
ADD PROTEIN POWDER	
[100% BEEF COLLAGEN OR WHEY OR VEGAN PLANT PROTEIN]	+1
Fresh Juice Mixology	
LEMON DROP	5
<b>CARROT • APPLE • LEMON</b>	
GINGER-MINTED GREENS	5
<b>GINGER • CELERY • APPLE • ROMAINE • CUCUMBER • MINT</b>	
BLOOD BUILDER	5
<b>BEET • CABBAGE • KALE • APPLE • LEMON • CILANTRO</b>	
PINEAPPLE TANGO	5
<b>PINEAPPLE • CILANTRO • LIME • JALEPEÑO • SEA SALT</b>	